

# Packing List for Fall Retreat

## What to Bring:

- Bible
- Notebook and Pen
- Pillow
- Sheets and/or Sleeping Bag
- Toiletries (toothbrush, toothpaste, deodorant, shampoo, soap)
- Medications (placed in a Ziploc bag with student's name and instructions)
- Towels (for bathing and possibly swimming)
- Washcloths
- Two Pairs of Closed Toed Shoes for activities (in case one pair gets dirty)
- Clothes you don't mind getting dirty
- A Swimsuit (just in case)
- Bug Spray
- Flashlight

## What not to bring:

- Cell Phones (leaders will have their phones if students need to be contacted)
- Guns, knives, weapons of any kind
- Anything for a prank
- Inappropriate clothing (this pertains to modesty and messaging on the clothing)

# Retreat Schedule

## Friday

- 5:30-5:45pm Arrival/Settle In  
5:45-6:30pm Dinner/Clean Up  
6:45-8:00pm Welcome/Rules for Weekend  
7:45-9pm Session 1  
8:00-8:30pm Quiet Time 1  
8:30-10:30pm Scavenger Hunt  
11:00pm Cabins  
11:30pm Lights Out



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## Sunday

- 7:00-7:30am Wake Up  
7:30-8:15am Breakfast/Clean Up  
8:15-9:45am Session 4 (Outdoor)  
9:45-10:15am Quiet Time 4  
10:15-11am Cabin Clean Up  
11:00-11:50am Final Clean Up  
12:00-1:00pm Go Home

## Saturday

- 7:00-7:30am Wake Up  
8:00-8:45am Breakfast/Clean Up  
9:00-10:00am Breakfast/Clean Up  
9:00-10:00am 4 Square Dodge Ball  
10:00-11:15am Session 2  
11:15-11:45am Quiet Time  
12:00-12:45pm Lunch/Clean Up  
1:00-3:00pm Free Time  
3:00-4:00pm Mega Relay/Inflatable Race  
4:00-5:00pm Free Time  
5:00-5:45pm Dinner/Clean Up  
5:45-7:00pm Session 3  
7:00-7:30pm Quiet Time 3  
7:45-8:30pm Glow in the Dark Kickball  
8:30-9:15pm Bonfire Worship/S'mores  
9:15-11:15pm Movie Night  
11:30pm Lights Out

# Emergency Contacts

**Nathan Duckworth**

(205) 495-2594

**Staci Gallegos**

(636) 667-2282

**Camp Trinity (Only call if you can't reach Nathan or Staci)**

(573 )237-2072

## Camp Address

439 Camp Trinity Drive

New Haven, MO 63038